

# Beth Densmore Williams-Breault

[beth@sexedsolutions.org](mailto:beth@sexedsolutions.org)

## Education

Ed. D. (ABD)	Curriculum, Teaching, Learning, and Leadership <i>Northeastern University, Boston, MA</i>	2022
M. Ed.	Language, Literacy, and Sociocultural Studies Concentration: Multicultural Elementary Education <i>University of New Mexico, Albuquerque, NM</i>	2004
B. A.	Elementary Education Minor: Integrated Arts <i>Wheelock College, Boston, MA</i>	2001

## Fellowships

Massachusetts Education Policy Fellowship Program, <i>Institute for Educational Leadership</i> , The Rennie Center for Education Research & Policy, Boston, MA	8/18 - 6/19
--	-------------

## Certifications

Massachusetts Department of Elementary and Secondary Education  
MEPID: 54434216

- Educator's Certificate, Elementary (1-6), Professional License
- Superintendent/Assistant Superintendent, All Levels, Provisional License

Collaborative Institutional Training Initiative (CITI) IRB Certification: 35129487

Planned Parenthood League of Massachusetts Sexuality Education Cornerstone Seminar

## Professional Experience

Founder and CEO, *Sex Ed Solutions, LLC* 10/21-present

- Offer Comprehensive Sexuality Education consulting services to K-12 students, educators, and parents nationwide
  - Age-appropriate lessons for K-12 students
  - Workshop topics include effective teaching strategies, media literacy, trauma-informed approaches, intersectionality, pregnancy and disease prevention, consent, law, and policy

## Beth Densmore Williams-Breault

[beth@sexedsolutions.org](mailto:beth@sexedsolutions.org)

Adjunct Professor, *Lesley University*, Cambridge, MA

8/15-present

- Teach undergraduate course: *Child and Adolescent Health*
  - Topics include globalization's impact on child and adolescent health and development; the impact of environment and genetics on child and adolescent health; physiological, psychological, social, and emotional development; and prevention strategies and resilience among children and adolescents

Prevention and Education Coordinator, *Massachusetts Partnerships for Youth, Inc.*, Wakefield, MA

8/18-5/21

- Developed, coordinated, delivered, and evaluated webinars, conferences and in-service workshops for educators of K-12 youth in over 200 Massachusetts school districts and community organizations
- Fostered working relationships with district leaders, legislators, community partners, board members, and philanthropists; recruited members and speakers
- Collaborated on developing strategic plan and provided organizational oversight with attention to grant writing and budget

Visiting Lecturer, Experimental College, *Tufts University*, Medford, MA

8/16-12/16

- Taught undergraduate course: *Sex Ed: From Pre-K to 12*
  - Topics included current, factual content related to sexual and reproductive health education; basic knowledge of the female and male reproductive systems; best practices in comprehensive sexual health education programs; and the relationship of sexuality development, gender, and cultural perspective

Consultant, *National Network of Digital Schools*, Rochester, PA

11/14-6/15

- Reviewed online curriculum for Lincoln Interactive, a K-12 service provided by NNDS

Consultant, Coordinated School Health and Wellness Bureau, *New Mexico Public Education Department*, Santa Fe, NM

8/14-12/14

- Collaborated with Bureau about school policies, procedures, health education standards, prevention, trainings, school emergency operations plans and overall safety

## Beth Densmore Williams-Breault

[beth@sexedsolutions.org](mailto:beth@sexedsolutions.org)

Graduate Teaching Assistant, *University of New Mexico*, Albuquerque, NM

2008-2013

- Taught undergraduate course: *Growth and Development in Middle Childhood*
  - Topics included principles of growth and development during ages 6-12; children's physical, intellectual, social, emotional, and personality development; theoretical frameworks such as those developed by Piaget, Vygotsky, and Bronfenbrenner; and the impact of parenting, schooling, peers and community in forming a child's self-system

Teacher, *North Valley Academy Public Charter School*,  
Los Ranchos de Albuquerque, NM

2003-2007

- Incorporated the arts, health and wellness into standards-based curriculum for a multicultural, full-inclusion 5<sup>th</sup> grade classroom

### Publications

Williams-Breault, B.D. (2021). Sexual and reproductive health and rights: Perspectives on equity in educational and community contexts. Eliva Press.

Williams-Breault, B.D. (2020). *Everybody! Babies!* Tellwell Talent.

- Included on Harvard's Reimagining Integration: Diverse and Equitable Schools Project (RIDES) [2021 Book List](#)

Williams-Breault, B.D. (2020). Child sexual abuse: Prevention and processes of resilience. *Journal of Gynecology Research Reviews & Reports*, 2(3).

Williams-Breault, B.D. (2020). Sexual and reproductive health services in school-based health centers: A literature review. *Journal of Nursing and Occupational Health*, 2(1).

Williams-Breault, B.D. (2020). Teen Pregnancy: United States Vs. Europe. *International Journal of Arts, Humanities and Social Sciences Studies*, 5(6).

Williams-Breault, B.D. (2020). Reproductive healthcare standards for incarcerated women. *Journal of Gynecology Research Reviews & Reports*, 2(2).

Williams-Breault, B.D. (2020). Education policy: Addressing racial health disparities in educational contexts. *Education, Society and Human Studies*, 1(1).

Williams-Breault, B.D. (2018). Eradicating female genital mutilation/cutting: Human rights-based approaches of legislation, education, and community empowerment. *Health and Human Rights Journal*, 20(2).

## Beth Densmore Williams-Breault

[beth@sexedsolutions.org](mailto:beth@sexedsolutions.org)

### Presentations/Panels

“A History of Sex Ed in the United States” presented virtually for Massachusetts Healthy Youth Consortium	8/20/21
“Creating an Anti-Racist Classroom” presented virtually for Massachusetts Partnerships for Youth, Wakefield, MA	8/20 - 5/21
“Cultural Proficiency” presented in person and virtually for Massachusetts Partnerships for Youth, Wakefield, MA	8/19 - 5/21
“Supporting Queer Youth” presented in person for Massachusetts Partnerships for Youth, Wakefield, MA	8/19 - 5/21
“Supporting Transgender Youth” presented in person for Massachusetts Partnerships for Youth, Wakefield, MA	8/19 - 5/21
“Navigating the Cyber World” presented in person for Massachusetts Partnerships for Youth, Wakefield, MA	8/18- 5/21
“Preventing Teen Sexting” presented in person for Massachusetts Partnerships for Youth, Wakefield, MA	8/18- 5/21
“Healthy Relationships” presented in person for Massachusetts Partnerships for Youth, Wakefield, MA	8/18- 5/21
“Adolescent Sexual and Reproductive Health Education: Boston,” presented at Harvard Graduate School of Education’s <i>Student Research Conference</i> , Harvard University, Cambridge, MA	4/7/17
“Did You Know? Sexual Risk Factors: Teen Pregnancy in New Mexico,” presented at <i>The School Health Education Institute Conference</i> in Albuquerque, NM	2/25/2014
“The Importance of Communication in Sexuality Education,” presented at <i>The Head To Toe Conference</i> , Albuquerque, NM	5/10/2013
“Kids These Days- Current Trends in Media and Contraception,” presented at <i>The School Health Educator Institute Conference</i> in Albuquerque, NM	1/30/2013
“Sexuality and HIV Spectator News: ‘Get Top Stories and Latest Breaking News!’” presented at <i>The School Health Educator Institute Conference</i> in Albuquerque, NM	1/29/2013
Panelist, “Sexuality and HIV,” at <i>The School Health Educator Institute Conference</i> in Albuquerque, NM	4/10/2012

## Beth Densmore Williams-Breault

[beth@sexedsolutions.org](mailto:beth@sexedsolutions.org)

### Professional Service

Founder and Director, *Massachusetts Healthy Youth Consortium*, Boston, MA 7/21-present

- Organize an online consortium of educators, community members, and advocates from over 200 districts, schools and organizations committed to improving comprehensive sex education (CSE) for K-12 students throughout the Commonwealth of Massachusetts
- Engage legislators, educators and advocates to work collaboratively towards helping to pass The Healthy Youth Act which would ensure that comprehensive curricula are taught in public schools that choose to offer sex education

Senior Editor, *Journal of Gender and Women's Studies* 4/21-present

Board Member, *The Elizabeth Peabody House*, Somerville, MA 10/20-present

- Events and Fundraising Committees

Board Member, *Metropolitan Council for Educational Opportunity, Inc. (METCO)*, Roxbury, MA 11/17-present

- Executive, Development, and Leadership Committees

Board Member, *Cottonwood Gulch Expeditions*, Albuquerque, NM 2011-2017

- Executive, Nominating and Governance, Development, Scholarship, and Program Review Committees

Steering Committee Member, Lesley University Diversity Council  
*Lesley University*, Cambridge, MA 8/16-8/18

- Chair, Communications Committee

Representative, *Service Employees International Union Local 509* for  
Lesley University Adjunct Professors, *Lesley University*, Cambridge, MA 8/15-12/16

- College of Liberal Arts and Sciences Representative
- Professional Development Fund Review Committee  
and Communications Committee Member

Board Member, *Youth Resiliency Project Material Review Board*,  
Coordinated School Health and Wellness Bureau, NMPED,  
Santa Fe, NM 2012-2015

- Reviewed and selected evidence-based, informed interventions that support exemplary health education
- Assisted in creating a curricula library for Youth Resiliency Project partner sites

## Beth Densmore Williams-Breault

[beth@sexedsolutions.org](mailto:beth@sexedsolutions.org)

Steering Committee Member, *School Health Education Institute*,  
Albuquerque, NM 2011-2015

- Collaborated with NMPED's Coordinated School Health and Wellness Bureau, the New Mexico Department of Health and the Centers for Disease Control and Prevention

Reviewer and Mentor, Abstracts for the *International Association for the Study of Sexuality, Culture, and Society* Annual Conference 8/13-12/14

Reviewer, Submissions for the 2015 *American Educational Research Association* Annual Meeting 8/2014

Reviewer, Proposals and Papers for the Feminism and Family Studies' Section of the *National Council of Family Relations* Jessie Bernard Awards for Feminist Scholarship 5/2014

Reviewer, *New Mexico Public Education Department's* 'Safe Schools Plans' approval process, Santa Fe, NM 3/2014

Reviewer, Proposals for the *National Council of Family Relations* 76<sup>th</sup> Conference 3/2014

Volunteer, *Education Department of Planned Parenthood of New Mexico, Inc.*, Albuquerque, NM 8/11-12/11

- Evaluated the *Get Real* curriculum
- Taught Sex Ed grades 9-12

### Memberships

*American Educational Research Association*

*Association for Experiential Education*

*Harvard Chapter of Phi Delta Kappa*

*National Association of Educational Consultants and Speakers*

*National Council on Family Relations*

*Planned Parenthood Federation of America*

*The American Association of Sexuality Educators, Counselors and Therapists*

*The Center for Sex Education*